



# PAGODA



Service Above Self

One Profits Most Who Serves Best

Issue No. 578– 14 March 2023

Published Weekly

## 14 March - Speaker Meeting

## 21 Mar. - Speaket Meeting

**ROTARY INTERNATIONAL**

**TUESDAY MEETING**

**Changing the World, An Artist at a Time**

PRESENTED BY:  
**Tenzin Dolma**  
*Founder, Snowland Arts*

YOU WILL LEARN ABOUT:

- Brief Intro to Snowland
- Update of progress since visit to RCS in Winter 2021
- Issues facing teenage girls, including teenage marriages, family pressure, dowries
- Plans for the future of Snowland, projects, and graduates

TUESDAY, March 14, 2023  
18:30 - 19:00 Reception  
19:00 - 20:30 Dinner Meeting

Galerie @ 40F Kunlun Hotel Jing'an  
No.230 Huashan Road  
华山路230号静安层40楼

RMB 200 w/o wine  
RMB 230 with wine

CONTACT: Vivian Huang  
vivian.huang@messer.com.cn

SCAN THE QR CODE & SAVE YOUR SEAT!

Rotary Club of Shanghai

TAKE ACTION: www.rotaryshanghai.org

**ROTARY INTERNATIONAL**

**TUESDAY MEETING**

**Why Elegant Dressing Matter?!**

PRESENTED BY:  
**Ben Fusari**  
*Atelier Fusari*

YOU WILL LEARN ABOUT:

- Dress up dress down
- Adapt to each situation
- Key things to remember

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### Coming Events

- 14.03 — Speaker Meeting @Kunlun Hotel 6:30 - 8:30 pm
- 25.03 — Family Fellowship @Chongming 10:30 am - 16:00 pm
- 28.03 — Fellowship @TBD 6:30 - 8:30 pm
- 04.04 — Speaker Meeting @Kunlun Hotel 6:30 - 8:30 pm

### March Birthdays

- 07 — Tomas Kucera
- 19 — Franz Böhnlein
- 09 — Tiziana Richiardi

### The Four-Way Test 四大考驗

Of the things we think, say, or do:  
对于我们所想、所说、所做的事情，  
我们应该事先扪心自问：

1. Is it the **truth**?  
是否一切属于真实?
2. Is it **fair** to all concerned  
是否各方得到公平?
3. Will it build **goodwill** and **better friendships**?  
能否促进亲善友谊?
4. Will it be **beneficial** to all concerned?  
能否兼顾彼此利益?

### Officers & Directors

- David Smith – President
- Tarik Gartner – Secretary
- Rainer Kern – Treasurer
- Tiziana Richiardi – President Elect
- Rita Malvone – Immediate Past President
- Carlotta Godio
- Jeff Hasenfratz
- Markus Berger
- Terri Lau
- Tilman Rieger

### Committees & Chairs

- Club Administration Chair:** Tiziana Richiardi
- Membership Committee:** Thilman Rieger
- Fellowship Committee:** Rita Malvone
- Service Projects Committee:** Alexander Hartmann
- Service Projects Cochair:** Anne Tan
- Youth Service Committee:** David Richardson
- Rotary Foundation:** Markus Berger
- Gift of Life (GOL):** Terri Lau
- Sister Clubs:** Motohiro Yamane
- Pagoda:** Carlotta Godio
- Speaker Program:** managed by committee
- Circle of Centennial Rotary Club:** Terri Lau
- Assitant Governor:** Tracy Hua
- Club Admin:** Vivian Huang

**Tuesday, Mar. 07th, 2023**

Dinner Attendance:

|                        |           |
|------------------------|-----------|
| Members                | 09        |
| Visiting Rotarians     | 01        |
| Guests                 | 12        |
| <b>Total Headcount</b> | <b>22</b> |

HAPPY MONEY **RMB 2,375**

Rotary Club Shanghai's first meeting of March 2023 was kicked off by President David Smith. The evening started with a few updates: the next trip to Will Farm in the planning stages and will take place on March 25. Keep your diaries open!

Also, last Sunday March 5 RCS together with Toastmasters Shanghai Leadership Club hosted a mentoring workshop at Cages. Participants were introduced to the concept of mentoring and experienced first-hand what's it's like to do a mentoring session. At the end, everyone was able to observe a sample session given by our own Jeff Hasenfratz.

Next, we had a special treat. As of last week, Honorary members of RCS who are Chinese citizens are allowed to apply for full membership in the club. Our first candidate, known to just about everyone, Jingfu, gave a personal and often quite humorous introduction to himself. In addition to F&B and music, Jingfu loves to travel and is currently employed in the hotel development industry.

Our main event of the evening was also very special. In celebration of Women's Day, President Elect Tiziana Richiardi gave the keynote speech. A quiz was distributed during dinner where attendees were peppered with questions such as "how old is Rotary?" and "how long did it take women to be admitted as members?". Later a presentation was given to answer these questions, with many surprises for most in attendance. While Rotary is more than a century old, women have only played an active part in the past few decades. What is promising though, is that the current RI president is a woman and the PN is also a woman! Things are moving in the right direction.

Finally Tiziana invited everyone to reflect on how we can make RCS even more Diverse, Equitable and Inclusive. One amazing takeaway is that RCS has 7 female presidents in 6 years! David adjourned the meeting and many stayed much later to keep the conversation going.

Written by Basile



**Highlights from our latest meeting**



Speaker Program

**“Changing the World, An Artist at a Time”**



Tenzin Dolma

Tenzin (Kristel Ouwehand) left Canada at age 17 and spent several years backpacking and working her way around the world before living for 10 years as the only foreigner and girl in a monastery with 5000 monks. Here she learned and fell in love with the art of thangka painting.

In 2007, she moved to western Sichuan, where she taught in a high school until the earthquake in 2008. After that, she worked for an NGO in Qinghai for several years, at the same time getting involved in the local arts community. In 2011, she organized and held the first ever arts conference for artists from Qinghai, Gansu, Sichuan and Lhasa, which was followed by the second, in 2013, in Chengdu. She also took part in several government art exhibitions.

In 2010, she took on the first two students of what would evolve into Snowland Arts, a 5-year art apprenticeship program for talented young artists from disadvantaged families, coming from rural and nomadic areas of western China.

In 2014, Tenzin bought a house, in southern Gansu, in order to provide dorms and a studio for art apprentices, who live with her, tuition free. Despite a rather daunting series of obstacles over the years, Snowland students continue to focus on ethical art, projects related to girlpower and upcycling, which has produced highly-motivated, confident young artists who will go on to found their own branch companies connected to Snowland.

Tenzin’s goal is to make Snowland sustainable over the long term, passing it on to her graduate students to run, and retire somewhere warm without cold weather or mountains.

**Mark Your Calendar**



**MAR 25, 2023**

**RCS TRIP TO WILL FARM CHONGMING**

**Farming (10.30 to 16.00)**

Our goal as RCS is to help create more farmable land, clear dead crops, and provide minor repairs as needed. We'll be working hand-in-hand with the children. Please bring work clothes and shoes. All ages are welcome!

**Transportation & Accomodation (optional)**

We'll leave SH at 9 AM; transportation fee TBD. Lunch (50 RMB) is provided. Optional: dinner and overnight stay (680 RMB/Room). Contact: ShanghaiRita (WeChat ID Rita)

**Will Farm // Will Foundation**

Will Farm is a not-for-profit permaculture project. The Will Foundation aims to give children who are left behind in life a chance to flourish. @ www.willfound.org



RCS WeChat Group for MAR 25



We still have room if you want to join!

we will have a bus from the Kunlun and returning to the Kunlun and a lunch onsite. If you wish to stay over, there are several guest rooms we can reserve. Feel free to bring friends, children, family members, etc.... There is always so much to do there, and they have an abundance of tools.



**Mentoring Workshop on March 05**



On 05 March 2023 the Rotary Club Shanghai and the Shanghai Leadership Toastmasters Club organized a Mentoring workshop and Lunch for all Rotary Clubs and Toastmasters Clubs in Shanghai. The purpose of this event which took place at Cages was to officially implement the strategic alliance of Rotary International and Toastmasters International onto a local level by also promoting Mentoring as a way to engage members of both clubs in something that gives service to young adults in need for orientation and guidance.

The idea is to synergize the strengths of both clubs in the service of a meaningful project while also educate the club members on conversational skills. Another goal of this get together was to create awareness for the Career Empowerment Program that was originally initiated by the Rotary Club Shanghai one year ago. Meanwhile it has become a jointly run Rotary-Toastmasters program to support young adults without access to more senior and experienced professionals who can give advice and share their experience. Being a mentor requires to have conversational skills, emotional intelligence, self-awareness, and the ability to build trust with someone who is at least 10 and, in some cases, even up to 40 years younger than oneself. This bi-lingual two-hour Mentoring Workshop on 5 March was designed to keep 70 people constantly engaged, enable interactive learning, create connection between members of both clubs, and, also, have some fun together. The workshop



was planned and organized by Audrey Wang who is member of both clubs and was designed as well as facilitated by Tilman Rieger who also is a member of both clubs. Moreover, it was supported by 7 Table Facilitators from both Rotary and Toastmasters who were mostly coaches and/or trainers. Each Facilitator took care of one table of approximately 10 participants. The Table Facilitators were: Rita Malvone (RCS), Jeff Hasenfratz (RCS), Anson Yang (SHRC), Bing Zhang (SLTMC), Paul William James (SLTMC), Ruddy Swinnen (SLTMC) and Helen He (Toastmasters International). Kai Shen (SLTMC) helped as an Interpreter on Stage and Alvin Chow (SLTMC) was responsible for meeting the technical challenges and preparing for a smooth run of the show.



Our Rotary Club Shanghai president David Smith and Shanghai Leadership Toastmasters Club President Elena Xu opened the event and invited Andrew Hill (Special Representative of China for Rotary International) and Helen He (International Director, Board of Directors, Toastmasters International) on stage to speak about the aim of both clubs to collaborate more in the future. Then Tilman came on stage to invite the Table Facilitators to run a small Icebreaker exercise at their tables. After this, Tilman explained the intention of the Career Empowerment Program, and reported about what has already been achieved. The vision for this program is to not only implement this in China but also inspire other Rotary and Toastmasters clubs around the world to initiate the same idea and with this help more young adults get orientation and guidance from more experienced professionals.



Next, Helen He gave an inspirational speech about her own experience both as a mentee and mentor and why it is worth the time investment to engage as a mentor. Larry Schuster (SLTMC) and Fred Zhang (SLTMC) went on stage to give a brief demonstration role play of a Mentor-Mentee conversation. On purpose Larry made all the mistakes a Mentor can possibly do which was not only entertaining and funny but also provoked discussions at the tables about what wrong behavior they could observe and what Larry should have done instead. Each table then had a spokesperson to come on stage and present the results of their discussions in both English and Chinese. As a next exercise Tilman presented 4 questions around Mentorship requirements, Trust building, psychological safety and leading conversations with great questions. These were discussed again at the tables with the help of the Table Facilitators. Again, all tables had the chance to send a spokesperson on stage to present the answers to the questions they discussed. All answers were written on





cards and then also pinned to a paper wall. Finally, the participants were asked to pair up at their tables and play a roleplay for 5 min during which they simulated the first 5 min of a Mentor-Mentee conversation and tried to build trust as good as they could. Afterwards, the person who played the Mentee gave feedback to their counterpart. Then the two took turns so that each would be playing both a mentor and a mentee.



At the end of the workshop, Jeff Hasenfratz was demonstrating (on stage) together with the previous Mentee, Fred Zhang, how to really mentor someone and build trust effectively. After the group picture everyone had lunch together and could network and get to know each other more. Over lunch Toastmasters from different clubs in Shanghai were interested in learning more about the work Rotary does and equally the Rotarians wanted to understand more about what Toastmasters does. As a direct result of this event, the Rotarians welcomed several new guests from Toastmasters visiting the Tuesday evening RCS dinner meeting and, also, the Toastmaster club had Rotarian visitors joining their Wednesday Shanghai Leadership Toastmasters meeting. Furthermore, many Rotarians and Toastmasters who joined the Mentoring Workshop applied for becoming a Mentor for the next offered opportunity on 23 March when the Career Empowerment Program project team (Tilman Rieger, Jennifer Bradshaw, Rajat Agarwal, Alvin Chow, Elena Xu, Avril Zhang and Audrey Wang) will initiate another online Speed Mentoring event during which students/young professionals from Shanghai Young Bakers, Shanghai Sunrise, Oriental Career, The Expat Center, and Rotaract will be have the chance to be mentored by Rotarians and Toastmasters for 1 hour.



If you are interested in becoming a mentor for the next Online Speed Mentoring event on 23 March (7-9pm) please scan this code and register.

Written by Tilman

